

# Solange (Sally) LaFond - Bourget

March 31, 1943 - August 15, 2023



It is with broken hearts that we announce the sudden passing of Solange (Sally) LaFond - Bourget who passed away peacefully in Lamont, Alberta at the age of 80.

She was a loving wife of 63 years to Marcel Bourget and mother to 4 (Regis, Raymond, Monique and Claire), Solange met her knight in shining armor when she was a teenager, they quickly fell in love and remained inseparable throughout her years.

Solange was trusting and welcoming and loved by those lucky enough to be in her circle and often sacrificed her own needs for her family.

Though she spent most of her life a homemaker and caregiver without complaint she held on to one desire. Sally wanted to be a stewardess and fly the world. So today, as we grieve her untimely departure, we take solace in knowing she is now a stewardess of her own flight.

View the world as you wish Solange, you deserve it.

## GUIDE YOUR FLIGHT

*Mom if you can hear me,  
I know your time has come.  
To open your wings for yourself,  
as you've done for everyone.  
You've spent so many years,  
giving of yourself.  
Now take this flight and journey,  
and accept eternal wealth.  
You've left us with the lessons,  
of how to share our hearts.  
And it's because of that,*

*your leaving tears us apart.  
But know that we are with you,  
on your adventure in the sky.  
Now spread your wings and go,  
to all the places you've wanted  
to fly.  
And when the time is right,  
and once you've had your fun.  
We will all join you,  
slowly one by one.*